

7

FISH BISTRO

Starters

1) Mussels Marinière £7.75

焗鲜蚌

2) French Onion Soup £5.75

法国洋葱汤

3) Substantial Seafood Broth £7.50

特色海鲜汤

4) Minty Courgette and Potato Soup £5.75

西葫芦和马铃薯汤

5) Whole King Prawns Grilled in Garlic Butter £8.50

蒜汁黄油烤全虾

6) Peeled King Prawns Cold with 2 Mayonnaises £8.50

冷大虾

7) Garlic Bread with Olive and Anchovy Spread £4.75

蒜茸橄榄烤面包

8) Grilled Goats Cheese Salad with a rosemary
flavoured White Bean Purée £6.75

特色豆泥和软奶酪

9) A Pot of Creamy Curried Prawns £7.00

奶油咖喱虾

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10) ½ Doz. Oysters in the Half Shell £11.00

6 只生蚝

11) Loch Fyne Oak Roast Salmon £7.75

烤三文鱼

12) Grilled Garlic Mushrooms £5.75

蒜茸靠蘑菇

13) Crispy Fried Red Mullet Fillets £8.00

烤红绯鲤鱼块

14) King Prawn, Queenie Scallops, and Mussels

cooked in Garlic and lemon butter £8.50

蒜茸海鲜热拼盘 (大虾 扇贝 干贝 蚌)

15) A Cold Platter of King Prawn, Oak Roast Salmon

and Marinated Sardine fillets £8.50

海鲜冷拼盘 (三文鱼 沙丁鱼 大虾)

16) Seared King Scallops poa

精选煎干贝

Please let us know of any allergies you might have.

请通知我们，如果您对任何食物有过敏反应

7

FISH BISTRO

Main Courses

1) Whole Lemon Sole poa

烤鳎鱼

2) Whole Brixham Plaice poa

烤本地鲽鱼

3) Whole Seabass poa

烤海鲈鱼

4) Whole Red Mullet poa

烤红鲱鲤鱼

5) Monkfish Baked with Black Pepper and Sea Salt poa

黑胡椒安康鱼

6) Star Point Crab 1/2 or Whole, Lobsters from Local Pots,

Served Cold or with Garlic and Lemon poa

½ 螃蟹或者龙虾（冷的或烤）

7) Fillet of Plaice, filled with Oak Roast Salmon

or Peeled Prawns and Baked under a Cheese Sauce £15.75

鲽鱼或鲑鱼虾仁卷

8) Salmon baked with Mild Moroccan Spices and served with

Crème Fraiche and Home-Made Banana Chutney £15.50

摩洛哥式烤鲑鱼和特制香蕉甜辣汁

7 FISH BISTRO

Main Courses

9) Our Fish and Chips £13.75

特色鱼和薯条

10) The Three Fillets Special. A mini version of the above 3 meals
each cooked as described in separate dishes £17.50

特色组合烹调（包括3种鱼和烹调）

11) King Scallops sliced and pan fried with Mushrooms,
Vermouth and Lemon £19.50

蘑菇溜干贝片

12) Selection of filleted Fish cooked in a Tempura
Batter served with 3 Dips £18.50

日式炸鱼块

13) Thick Cod Steak Grilled or Roasted with
Olive Oil, Herbs and Garlic £19.50

蒜汁鳕鱼排

14) Cod Steak with King Prawns and Scallops Tempura £19.75

日式炸鳕鱼和大虾扇贝

15) Cod Steak with Prawns Thermidor £19.75

鳕鱼和大虾

All Main Courses are inclusive of Vegetables or Salad
and a choice of Potatoes

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所有主菜都配有免费的沙拉或蔬菜盘和薯条